

**Newfoundland and Labrador Psychology Board  
Continuing Education Credits Form**

**YEAR: 2013**

Psychologists fully registered with the Newfoundland and Labrador Psychology Board (NLPB) are required to complete a **minimum of 25 hours** of continuing education each year. A completed copy of this log, clearly indicating the types and amounts of continuing education completed, must be submitted to the NLPB Board each year with your application for renewal of registration.

For more information on the types of activities that will be deemed acceptable to the Board, please refer to the Continuing Education Policy or contact the Registrar of the Board.

<b>Category 1: Formal programs of study</b> (Maximum 15 hours can be claimed in any calendar year; Up to 15 hours of CPA/APA accredited hours may be carried forward one year.)		
<b>Total Hours Completed this year</b>	<b>Hours Claimed in this year</b>	<b>Detailed description of the activity (Title, Date, Location, etc.)</b>
7	0	<i>APNL Workshop on DBT, March 5, 2013; LeManche, NL</i>
41	15	<i>Evolution of Psychotherapy, December 5 – 12, 2013, Anaheim CA (NOTE: APA Accredited Hours; 15 will be carried over to 2014)</i>
<b>Category 2: Self Study</b> (Maximum 10 hours can be claimed in any calendar year. Up to 10 hours of NLPB pre-approved hours for specified self study activity may be carried forward one year.)		
<b>Total Hours Completed this year</b>	<b>Hours Claimed in this year</b>	<b>Detailed description of the activity (Subject matter covered, Materials used, Date(s) study completed, Location (if applicable), etc.)</b>
3	0	<i>Reviewed resource materials from Centre for Clinical Interventions (<a href="http://www.cci.health.wa.gov.au/resources/doctors.cfm">http://www.cci.health.wa.gov.au/resources/doctors.cfm</a>); June-July, 2013</i>
20	5	<i>Read book: Refocused Psychotherapy (Cummings &amp; Cummings, 2013), October, 2013</i>
10	0	<i>“Psychodynamic Therapy” module from Psychotherapy Training e-Resources, McMaster University, completed October, 2013 (NOTE: NLPB Board pre-approved self study activity; These hours will be carried forward to 2014)</i>
<b>Category 3: Structured professional activities</b> (Maximum of 10 hours can be claimed in any calendar year. No hours may be carried forward to future years.)		
<b>Total Hours Completed this year</b>	<b>Hours Claimed in this year</b>	<b>Detailed description of the activity (Subject matter covered, Materials used, Date(s) study completed, Location (if applicable), etc.)</b>
20	5	<i>Attended weekly Case Conferences in the University Counselling Centre (January – December, 2013)</i>
4	0	<i>NLPB Continuing Education Committee, Meetings held October 23 &amp; December 11, 2013, University Counselling Centre, MUN.</i>
<b>TOTAL</b>	<b>25</b>	

Registrant's name: \_\_\_\_\_

Registration number: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_